Summer Menu 2024 - Week Oné 15 Apr, 6 May, 27 May, 17 June, 8 Ju

| WEEK ONE | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Option 1 | Wholemeal Cheese \& Tomato Pizza served with Wholemeal Garlic Bread | Pork Sausage, Country Diced Potatoes \& Baked Beans or Sweetcorn | Halal Chicken Pie \& Mashed Potatoes | Creamy Korma Style Chicken \& Lentil Curry served with Mixed Rice $\qquad$ | Fish Fingers served with Chips \& Tomato Ketchup |
| Option 2 | Creamy Vegetable Penne Pasta Carbonara | Veggie Sausage, Country Diced Potatoes, \& Baked Beans or Sweetcorn | Vegetable Pie (V) served with Mashed Potato | Sweet Potato, Spinach \& Chickpea Korma (Ve) Served with Mixed Rice | Cheese Flan or Quiche Served with Chips \& Tomato Ketchup |
| Option 3 | Jacket Potato Served with a choice of fillings | Jacket Potato Served with a choice of fillings | Jacket Potato Served with a choice of fillings | Jacket Potato Served with a choice of fillings | Jacket Potato Served with a choice of fillings |
| Option 4 | Freshly Made Sandwich Cheese \& Cucumber | Freshly Made Sandwich Ham | Freshly Made Sandwich Tuna Mayonnaise | Freshly Made Sandwich Cheese | Freshly Made Sandwich Tuna Mayonnaise |
| Vegetable Selection | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad |
| Dessert | Marble Sponge \& Custard | Chocolate Shortbread Biscuits (Ve) \& Fruit Slices | Iced Banana Traybake | Oat \& Raisin Cookie (Ve) \& Fresh Watermelon Slice | Chocolate Ice Cream |

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Our desserts meet Public Health England's target for 'free sugar' intake for your child.
Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'fiee sugar' intake.

Summer Menu $2024^{\circ}$ - Week Two
22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct

| WEEK TWO | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Option 1 | Homemade Macaroni Cheese | Summer Hot Dog Baguette served with Freshly Made Coleslaw Salad | Roast Chicken served with Skin on Roast Potatoes \& Gravy | Korean Style Sticky BBQ Chicken (Halal) Vegetables served with Noodles 4 | Fish Fingers served with Chips \& Tomato Ketchup |
| Option 2 | Vegetable Enchiladas (Ve) Served with a portion of Sunny Vegetable Rice 50 | Summer Veggie Sausage Hot Dog Baguette (Ve) Served with Freshly Made Coleslaw Salad | Vegetarian Roast Dinner served with Skin on Roast Potatoes \& Gravy | Korean Style Sticky BBQ Quorn, Vegetables \& Noodles (V) $4{ }^{2} \mathrm{~L}$ | Cheese \& Onion Puff Pastry Roll Served with Chips \& Tomato Ketchup |
| Option 3 | Jacket Potato Served with a choice of fillings | Jacket Potato Served with a choice of fillings | Jacket Potato Served with a choice of fillings | Jacket Potato Served with a choice of fillings | Jacket Potato Served with a choice of fillings |
| Option 4 | Freshly Made Sandwich Cheese \& Cucumber | Freshly Made Sandwich Ham | Freshly Made Sandwich Tuna Mayonnaise | Freshly Made Sandwich Cheese | Freshly Made Sandwich Tuna Mayonnaise |
| Vegetable Selection | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad |
| Dessert | Ginger \& Mandarin Traybake | Strawberry Jelly (Ve) | Freshly Baked Chocolate Cookie (Ve) | Flapjack Finger With a fresh slice of Watermelon (Ve) | Homemade Shortbread Biscuits (Ve) |


Portion(s)
of fruit or veg

| Source of |
| :---: | :---: | :---: |
| wholegrain |$\quad,$| Contains |
| :---: |
| plant-based |
| proteins |$\quad, 4$

$\left.\begin{array}{|l|l|l|l|}\hline \begin{array}{l}50 \% \\ \text { fruit }\end{array} & 50 x\end{array} \begin{array}{l}\text { Oily } \\ \text { fish }\end{array} \quad \bullet\right) \mathbf{}$

Our desserts meet Public Health England's target for 'free sugar' intake for your child.
Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'fiee sugar' intake.


## Summer Menu 2024 - Week Three

29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug, 2 Sept, 23 Sept, 14 Oct

| WEEK THREE | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Option 1 | Wholemeal Cheese \& Tomato Pizza served with Wholemeal Garlic Bread | Farm Assured <br> Pork Sausage Roll with Homemade Skin on Baked Potato Wedges | Gently Spiced Moroccan Chicken (Halal) Tagine served with Summer Vegetable Rainbow Cous-Cous | Halal Beef Bolognaise \& Penne Pasta | Fish Fingers served with Chips \& Tomato Ketchup |
| Option 2 | Mildly Spiced Vegetable Chilli \& Rice (V) | Cheese \& Onion Puff Pastry Roll served with Homemade Skin on Baked Potato Wedges | Gently Spiced Moroccan Roasted Chickpea Tagine served with Summer Vegetable Rainbow Cous-Cous (V) | Veggie Mince Bolognaise \& Penne Pasta (V) | Homemade Cheese \& Tomato Pizza Whirl \& Chips |
| Option 3 | Jacket Potato Served with a choice of fillings | Jacket Potato Served with a choice of fillings | Jacket Potato Served with a choice of fillings | Jacket Potato Served with a choice of fillings | Jacket Potato Served with a choice of fillings |
| Option 4 | Freshly Made Sandwich Cheese \& Cucumber | Freshly Made Sandwich Ham | Freshly Made Sandwich Tuna Mayonnaise | Freshly Made Sandwich Cheese | Freshly Made Sandwich Tuna Mayonnaise |
| Vegetable Selection | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad |
| Dessert | Baked Apple Sponge served with Custard | Tutti Frutti Jelly and Mandarins (Ve) | Freshly Baked Vanilla Cookie (Ve) | Zesty Lemon \& Blueberry Yoghurt Cake | Homemade Flapjack (Ve) |

Our desserts meet Public Health
Portion(s)
of fruit or veg

| Source of <br> wholegrain | Contains <br> plant-based <br> proteins | 4 |
| :---: | :---: | :---: | :---: |


| $50 \%$ |  |
| :--- | :--- |
| fruit | $50 \%$ |

 England's target for 'free sugar' intake for your child.
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Using School Food Standards. On averioe sur desserts do not exceed a third of a child's recommended thee sugar' intake.


